





May 2022 Calendar






Location Codes:

MD: 1st Floor Main Dining
 CR: 3rd Floor Community Room
 ME: 1st Floor Main Entrance
 A&D: 3rd Floor Art & Design Room

WC: 1st Floor Wellness Center
 EL1: 1st Floor Epoch Lounge
 EL3: 3rd Floor Epoch Lounge
 BR: 3rd Floor Billiards Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All activities may be subject to change with given notice.	Covid-19, or any other unfortunate events, may hinder group activities.	Men's Club meets every Wednesday from 2:30p-3:30p in the <u>First Floor Epoch Lounge.</u>	Cribbage is held on Wednesdays from 2:00p-3:30p in the <u>First Floor Epoch Lounge.</u>		
1	2	3	4	5	6	7
<p>2:00p – Bingo: MD (sign-up required)</p> <p>6:30p - Movie: CR</p>	<p>*No Fitness*</p> <p>1:30p – Protestant Service: Chapel</p> <p>2:15p – May Activity Packet Work Group: CR</p> <p>3:00p – Farkle: CR</p>	<p>*No Fitness*</p> <p>7:45a – Open Flame Restaurant</p> <p>9:30a – Calendar & Newsletter Discussion w/ Coffee: CR</p> <p>10:30a – Hearing Clinic: CR</p> <p>Shopping:</p> <ul style="list-style-type: none"> 12:20p – Pick ‘n Save 12:50p – Festival 2:30p – Walgreens: Senior Day <p>2:00p - Ted Talks: “Don’t Believe Everything You Think”: EL3 (Third Floor Epoch Lounge)</p> <p>7:00p – Bingo: MD (sign-up required)</p>	<p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:30a – UNO: CR</p> <p>Shopping:</p> <ul style="list-style-type: none"> 12:20p – Pick ‘n Save 12:50p – Pick ‘n Save 2:30p – Dollar Tree <p>2:00p – Craft w/ Guest Crafter: A&D (sign-up required)</p>	<p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>1:00p-1:45p – Cinco De Mayo Social: EL1 (sign-up required)</p> <p>2:00p-2:45p – Cinco De Mayo Social: EL1 (sign-up required)</p> <p>3:00p-3:45p – Cinco De Mayo Social: EL1 (sign-up required)</p> <p>2:00p – Jill Hoven’s Memory Presentation: ‘Personalize Your Memory Habits’: CR</p> <p>3:00p – Plastic Bag Mat: CR</p> <p>6:00p – Crafty Ladies: CR</p> <p>*Podiatrist Visit w/ Appointments starting at 9:00am (appointment required)– Location: Craft Room (A&D)</p> <p>‘Cinco De Mayo!’</p> 	<p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:45a-11:45a – Nail Polishing: CR</p> <p>11:30a – Joe’s “K” Ranch Restaurant</p> <p>1:30p – Line Dancing: CR</p> <p>2:00p – Table Top Discussion: CR</p> <p>‘National Nurses Day’</p> 	<p>10:30a - Saturday Mass</p> <p>10:30a-11:45a – “Mother’s Day” Mimosas and a Makeover w/ Guest - Maureen from Mary Kay: CR (sign-up required)</p> <p>12:30p-1:45p – “Mother’s Day” Mimosas and a Makeover w/ Guest - Maureen from Mary Kay: CR (sign-up required)</p> <p>2:30p & 6:30p - Movie: CR</p>

<p>8</p> <p>*Community Room Reserved from 11:30a to 2:30p*</p> <p>2:00p – Bingo: MD (sign-up required)</p> <p>6:30p - Movie: CR</p> <p>‘Mother’s Day’</p> 	<p>9</p> <p>*No Fitness*</p> <p>1:30p – Protestant Service: Chapel</p> <p>2:15p – May Activity Packet Work Group: CR</p> <p>3:30p – Afternoon Walk w/ Shelbi: Meet at Epoch Entrance</p>	<p>10</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:30a – Wii Wheel of Fortune: CR</p> <p>Shopping:</p> <ul style="list-style-type: none"> • 12:20p – Pick ‘n Save • 12:50p – Aldi • 2:30p – Stein’s Garden & Gifts <p>12:30p-1:30p – Choir: CR (sign-up required)</p> <p>3:00p – Book Club: CR (sign-up required – please contact Shelbi in Lifestyles if interested, and not already signed up)</p> <p>7:00p – Bingo: MD (sign-up required)</p>	<p>11</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:30a – Blood Pressure Checks: CR</p> <p>Shopping:</p> <ul style="list-style-type: none"> • 12:20p – Pick ‘n Save • 12:50p – Pick ‘n Save • 2:30p – Walmart <p>1:30p – Mural Painting: MD (sign-up required)</p> <p>3:15p – Create Paper Mache Flowers – Brighten Up Forest Ridge!: A&D (sign-up required)</p>	<p>12</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:00a Fire Alarm Testing 🚒</p> <p>1:00p-1:45p – Thirsty Thursday (sign-up required)</p> <p>2:00p-2:45p – Thirsty Thursday (sign-up required)</p> <p>3:00p – Noodle Volleyball: CR</p>	<p>13</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>11:30a – The Packing House Restaurant</p> <p>1:30p – Grab n’ Go Birthday Cake – May Birthdays! (sign-up required)</p> <p>3:00p – Grab n’ Go Birthday Cake – May Birthdays! (sign-up required)</p>  <p>*No Line Dancing*</p>	<p>14</p> <p>10:30a - Saturday Mass</p> <p>2:30p & 6:30p - Movie: CR</p>
<p>15</p> <p>2:00p – Bingo: MD (sign-up required)</p> <p>6:30p - Movie: CR</p>	<p>16</p> <p>*No Fitness*</p> <p>1:00p – Stampin’ Up: A&D (sign-up required)</p> <p>1:30p – Protestant Service: Chapel</p> <p>2:15p – May Activity Packet Work Group: CR</p> <p>3:00p – Writer’s Club: CR</p>	<p>17</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>11:30a – Meyer’s Restaurant</p> <p>Shopping:</p> <ul style="list-style-type: none"> • 12:50p – Pick ‘n Save • 2:30p – HomeGoods (West Allis) <p>12:30p-1:30p – Choir: CR (sign-up required)</p> <p>3:00p – Spelling Bee</p> <p>Whiteboard Games: CR</p> <p>7:00p – Bingo: MD (sign-up required)</p>	<p>18</p> <p>*No Fitness*</p> <p>9:30a – Coffee & Donuts w/ Shelbi: CR (sign-up required)</p> <p>10:15a – Coffee & Donuts w/ Shelbi: CR (sign-up required)</p> <p>Shopping:</p> <ul style="list-style-type: none"> • 12:20p – Pick ‘n Save • 12:50p – Pick ‘n Save • 2:30p – Hobby Lobby <p>1:30p – Craft: A&D (sign-up required)</p> <p>3:00p – Craft: A&D (sign-up required)</p>	<p>19</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>11:30a-12:30p – Jimmy John’s Sandwich Takeout (sign-up & payment required): Delivered by Shelbi</p> <p>1:30p – Mural Painting: MD (sign-up required)</p> <p>3:00p – Plastic Bag Mat: CR</p> <p>6:00p – Crafty Ladies: CR</p>	<p>20</p> <p>9:30a – Fitness Level 2: CR (sign-up required)</p> <p>10:00a – Fitness Level 1: CR (sign-up required)</p> <p>10:30a – ‘Basket’ Ball: CR</p> <p>11:30a-1:30p – Southridge Mall Outing</p> <p>1:30p – Line Dancing: CR</p> <p>2:15p – Ice Cream Social: CR (sign-up required)</p> <p>3:15p – Ice Cream Social: CR (sign-up required)</p>	<p>21</p> <p>10:30a - Saturday Mass</p> <p>2:30p & 6:30p - Movie: CR</p>

<p style="text-align: right;">22</p> <p>2:00p – Bingo: MD (sign-up required)</p> <p>6:30p - Movie: CR</p>	<p style="text-align: right;">23</p> <p>*No Fitness* 1:30p – Protestant Service: Chapel 2:15p – May Activity Packet Work Group: CR 3:30p – Afternoon Walk w/ Shelbi: Meet at Epoch Entrance</p>	<p style="text-align: right;">24</p> <p>9:30a – Fitness Level 2: CR (sign- up required) 10:00a – Fitness Level 1: CR (sign-up required) 11:30a-3:00p – Potawatomi 12:30p-1:30p – Choir: CR (sign- up required) 1:30p– Create a Memorial Day Wreath: A&D (sign-up required) 3:00p - Create a Memorial Day Wreath: A&D (sign-up required) 7:00p – Bingo: MD (sign-up required)</p>	<p style="text-align: right;">25</p> <p>9:30a – Fitness Level 2: CR (sign-up required) 10:00a – Fitness Level 1: CR (sign- up required) 10:30a – Blood Pressure Checks: CR Shopping: <ul style="list-style-type: none"> • 12:20p – Pick ‘n Save • 12:50p – Pick ‘n Save • 2:30p – Target 1:30p – Wine Down Wednesday: CR (sign-up required) 3:00p – Wine Down Wednesday: CR (sign-up required)</p>	<p style="text-align: right;">26</p> <p>9:30a – Fitness Level 2: CR (sign- up required) 10:00a – Fitness Level 1: CR (sign- up required) 10:45a-11:45a – Board Games: CR 1:00p – Tea Party: CR (sign-up required) 1:45p – Tea Party: CR (sign-up required) 3:00p – Noodle Volleyball: CR</p>	<p style="text-align: right;">27</p> <p>9:30a – Fitness Level 2: CR (sign-up required) 10:00a – Fitness Level 1: CR (sign-up required) 11:30a – That’s Amore Restaurant 12:30p – “Memorial Day” ‘Cookout’: CR (sign- up & payment required) 2:00p – “Memorial Day” ‘Cookout’: CR (sign-up & payment required)</p> <p style="text-align: center;">*No Line Dancing*</p>	<p style="text-align: right;">28</p> <p>10:30a - Saturday Mass 2:30p & 6:30p - Movie: CR</p>
<p style="text-align: right;">29</p> <p>2:00p – Bingo: MD (sign-up required)</p> <p>6:30p - Movie: CR</p>	<p style="text-align: right;">30</p> <p>*No Fitness* 1:30p – Protestant Service: Chapel</p> <p style="text-align: center;">‘Memorial Day’</p> 	<p style="text-align: right;">31</p> <p>7:45a – Open Flame Restaurant 9:30a – Fitness Level 2: CR (sign- up required) 10:00a – Fitness Level 1: CR (sign-up required) Shopping: <ul style="list-style-type: none"> • 12:20p – Pick ‘n Save • 12:50p – Fresh Thyme • 2:30p – Kohl’s 12:30p-1:30p – Choir: CR (sign- up required) 1:45p – Chef Shelbi: CR (sign-up required) 7:00p – Bingo: MD (sign-up required)</p>				