









Forest Ridge Senior Community

Name&Apt: _____ Amount: _____ Check: _____ Date: _____

Dining Menu: Week of October 17th through October 23rd, 2021

Menu Selections are due at the Front Desk by: Monday, October 11th, by 3:00pm

		11:30 a.m. Lunch Meal			4:30 p.m. Evening Meal
Meal Price **Please indicate your choices.					
Sunday October 17th		<p style="text-align: center;"><u>Chef's Brunch Special</u></p> Buttermilk Pancakes with Syrup Scrambled Eggs Sausage Links Maple Seasoned Sweet Potatoes Glazed Apple Turnover		Soup or Salad <u>Turkey Tetrazzini</u> Capri Vegetable Blend Dinner Roll Strawberry Cream Pie	Alternate Grilled Chicken Breast Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Monday October 18th		Jelly Spiced Cherry Salad Salisbury Steak in Beef Glaze Garlic Roasted Green Beans Mashed Potatoes Lemon Meringue Pie		Soup or Salad <u>BBQ Pulled Pork Sandwich</u> Maple Bacon Baked Beans American Potato Salad Chocolate Sundae	Alternate Grilled Chicken Breast Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Tuesday October 19th		Fresh Fruit Cup Homemade Meatloaf Mashed Potatoes and Gravy Peas and Carrots Cherry Pie		Soup or Salad <u>Classic Chicken Salad on a Croissant</u> Potato Wedges w/ Coleslaw Chocolate Cake	Alternate Salami Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Wednesday October 20th		<p style="text-align: center;"><u>Chef's Taste of Caribbean</u></p> Chicken and Sausage Gumbo Soup Jamaican Chicken or Jamaican Pork Shoulder Sauteed with Mild Jerk Sauce Red Beans and rice Caribbean Vegetable Blend Angel Food Cake Trifle		Soup or Salad <u>Tater Tot Casserole</u> Fruit Cup Dinner Roll Angel Food Cake	Alternate Salami Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Thursday October 21st		<p style="text-align: center;"><u>Thursday Grill Special</u></p> Soup or Salad <u>Country Style BBQ Ribs or BBQ Chicken</u> Scalloped Potatoes Grilled Asparagus Carrot Cake		Soup or Salad <u>Chicken Kiev</u> Au Gratin Potatoes Buttered Carrot Coins Dinner Roll Chocolate Chip Cheesecake	Alternate Bologna Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Friday October 22nd		<p style="text-align: center;"><u>Fish Friday Special</u></p> Soup or Salad <u>Lemon Butter Cod or Grilled Ham Steak</u> Baked Potato w/ Sour Cream Italian Squash Blend Warm Apple Crisp		Soup or Salad <u>Sloppy Joe</u> Roasted Potatoes Three Bean Salad Banana Cake	Alternate Bologna Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver
Saturday October 23rd		Tossed Salad Slow Roasted Lemon Herb Chicken Macaroni and Cheese Dinner Roll Sautéed Asparagus Carrot Cake		Soup or Salad <u>Meatball Stroganoff over Egg Noodles</u> Steamed Cauliflower Dinner Roll Peanut Butter Cookies	Alternate Bologna Sandwich
Dine-in				Dine-in	Deliver
Deliver				Dine-in	Deliver
Pick-up				Dine-in	Deliver

* **DINE - IN SERVICE HOURS:** Lunch; 11:30 AM to 1:00 PM

Dinner; 4:00 PM to 5:30 PM

