



Assisted Living Categories

In Wisconsin, assisted living facilities are divided by size and type for regulatory purposes. They are broad categories, but important differences exist between them.

The three categories of residential assisted living facilities in Wisconsin are:

Adult Family Home (AFH)

An AFH is the smallest type of residential facility. Often a private home, it can contain one to four residents, along with caregivers who may or may not live there. Residents receive care "above the level of room and board," which can include up to 7 hours per week of nursing care.

Residential Care Apartment Complex (RCAC)

While AFHs and CBRFs offer higher levels of nursing care, RCACs are geared toward individuals who are more independent and can transfer themselves independently. RCACs are **not** for those with Alzheimer-related dementia or other infirmities of aging that require more in-depth monitoring by health care professionals.

Community-Based Residential Facility (CBRF)

CBRFs can admit and provide services to people of advanced age, persons with dementia, developmental disabilities, mental health problems, physical disabilities, traumatic brain injury, AIDS, alcohol and other drug abuse, correctional clients, pregnant women needing counseling and/or the terminally ill.

Nursing Home – highest care level provided in an institutional setting (versus residential); also referred to as “Skilled Nursing Facility”

A place where 5 or more persons who are not related to the operator or administrator reside, receive care or treatment and, because of their mental or physical condition, require access to 24-hour nursing services, including limited nursing care, intermediate level nursing care and skilled nursing services.

Assisted Living Services Available at Forest Ridge

When transitioning from Independent to Assisted Living, there is no need to move from your current apartment, the care simply comes to you! **Forest Ridge** is licensed as a **Residential Care Apartment Complex (RCAC)** community and offers the following services either included in the base fee, or available as an add-on service for an additional fee*:

- **Supportive Services**
 - Weekly housekeeping and bed linen change
 - Arranging transportation to community services and recreational activities
 - Morning and evening check-ins to get you ready for the day and to wind-down for nighttime
 - Coordinating laboratory and diagnostic testing
- **Personal Assistance**
 - Daily lunches and dinners
 - Assistance obtaining and setting up medications
 - Morning and evening check-ins by care team
 - Services related to activities of daily living, e.g., dressing, eating, bathing, and grooming*
 - Escorting to and from dining and activities*
- **Nursing Services**
 - Care coordination with the resident's medical provider
 - Health monitoring of physical, functional, and cognitive status to detect changes that may indicate health problems and to facilitate appropriate intervention
 - Medication administration*
 - Diabetic testing*
- **Emergency Assistance**
 - Ensure that resident health and safety are protected in the event of an emergency and provide emergency assistance 24 hours a day
- **Care Provided By**
 - Director of Health Services, Tammy Burns, RN
 - Care Supervisor, Kim Russo Mealy, RN
 - Team of Resident Care Assistants
- **Cost**
 - Assisted Living base package \$1,799/month
 - Additional services priced individually, daily, or monthly and are added to your base plan as needed to create a tailored service package
 - Forest Ridge's Assisted Care Program is surprisingly affordable because you only pay for your private residence and those services that you need