



Forest Ridge Senior Community

Name&Apt: _____ Amount: _____ Check: _____ Date: _____

Dining Menu: Week of January 10th through January 16th, 2021

Menu Selections are due at the Front Desk by: Monday, January 4th, by 3:00 pm

	11:00 a.m. Lunch Meal	4:30 p.m. Evening Meal
Meal Price		
Sunday January 10th 	<u>**SUNDAY BRUNCH SPECIAL**</u> Strawberry Parfait Roasted Red Pepper & Feta Quiche Breakfast Potatoes Maple Smoked Bacon Cinnamon Sticky Rolls	Soup Broccoli, Chicken, and Rice Casserole Italian Tossed Salad Potato Chips M&M Cookies
Monday January 11th	Soup Stuffed Pork Loin Cheesy Potato Bake Roasted Mixed Vegetables Apple Cobbler	Soup Homemade Crab Cakes with Sauce Cilantro Lime Coleslaw Wild Rice Pilaf Creamed Corn Raspberry Pound Cake
Tuesday January 12th	Fruit Salad Roasted Chicken with Honey Butter Chive Mashed Potatoes Eggplant and Zucchini Blend Yellow Cake	Soup Classic Hamburger Baked Potato Wedges Watermelon Cup Oatmeal Raisin Cookies
Wednesday January 13th 	<u>**CHEF'S SPECIAL Italian Day**</u> [Please Circle your selection of meat & sauce] Soup Pasta with: <ul style="list-style-type: none"> • Chicken or Shrimp • Marinara or Alfredo Grilled Whole Green Beans Italian Chocolate Cake	Soup Waldorf Chicken Salad Croissant Sandwich Garden Pasta Salad Corn Chips Chocolate Brownies
Thursday January 14th	Soup Turkey Meatloaf Wrapped in Bacon Yukon Mashed Potatoes and Gravy Sautéed Brussel Sprouts Pumpkin Pie	Soup Pulled Pork on Texas Toast Roasted Sweet Corn Baked Beans Custard Pie
Friday January 15th	Soup Beef Rouladen Roasted Garlic Mashed Potatoes Cherry Wine Baby Carrots German Chocolate Cake	Tossed Salad Butter Lemon Baked Flounder Creamy Coleslaw Butter Parsley Potatoes Sautéed Asparagus Apple Turnover
Saturday January 16th	Roasted Ham with Brown Sugar and Mustard Glaze Roasted Potatoes with Onions Peas and Carrots Blueberry Pie	Soup Italian Sausage with Pepper, Mushroom, and Onions over Garlic Butter Pasta Broccoli and Red Pepper Berry Tart

Dining Room will be closed temporarily until further notice due to COVID-19.

Reduced Cost Meals

Residents who cannot afford our standard meal service may opt for a reduced-cost meal for lunch or dinner. The cost for this meal is \$5.00 per bag.

The reduced cost meal will consist of a sandwich, side item, and a fruit offering.

These meals will be delivered during our meal delivery service hours for lunch and dinner. ***Please indicate your selection(s) and return to the front desk with your payment by the due date on the order form.

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Bagged Meal (\$5.00 per bag)	Lunch Bag	Dinner Bag
Sunday January 10th	Turkey Sandwich (Turkey, lettuce, tomato) Chip & Fruit	Ham Sandwich (Ham, cheese, lettuce) Chip & Fruit
Monday January 11th	Apple-Swiss Turkey Sandwich (Apple, Turkey, Cucumber, Swiss Cheese) Chip and Fruit	Chicken Salad Wrap (Chicken Salad, lettuce, cheese) Chip and Fruit
Tuesday January 12th	Deli Chicken Sandwich (chicken, cheese, lettuce, tomato) Chip and Fruit	Ham Slider (Ham, lettuce, tomato) Chip Fruit
Wednesday January 13th	Turkey BLT Sandwich (turkey, bacon, lettuce, tomato) Chip and Fruit	Hamburger Chip Fruit
Thursday January 14th	Club Sandwich (Ham, turkey, salami, cheese, lettuce, tomato, onion, pickle) Chip and Fruit	Roast Beef Sandwich (roast beef, cheese, lettuce, tomato) Side and Fruit
Friday January 15th	Ham Sub Sandwich (Ham, cheese, lettuce, tomato) Fruit and Chips	Tuna Sandwich Chip Fruit
Saturday January 16th	Crispy Chicken Sandwich Side and Fruit	Egg Salad Sandwich Chip Fruit