

Forest Ridge Senior Community

Name&Apt: _____ Amount: _____ Check: _____ Date: _____

Dining Menu: Week of November 29th through December 5th, 2020

Menu Selections are due at the Front Desk by: Monday, November 23rd by 3:00pm

	11:00 a.m. Lunch Meal	4:30 p.m. Evening Meal
Meal Price		
Sunday November 29th 	** Sunday Brunch Special ** Cinnamon Raisin French Toast Scrambled Eggs Bacon Strips Granola and Almond Parfait Cinnamon Rolls	Soup Grilled Cheeseburger with Lettuce, Tomato and Pickles Baked Potato Chips Fruit Cup Lemon and Mandarin Orange Jello
Monday November 30th	Fresh Fruit Slow Roasted Turkey Green Bean Casserole Mashed Potatoes w/ Gravy Strawberry Rhubarb Pie	Soup Baked Ham Scalloped Potatoes Peas and Carrots Brownie
Tuesday December 1st	Soup of the Day Herb Grilled Shrimp Skewer Wild Rice Blend Roasted Asparagus Warm Apple Crisp	Soup Spaghetti and Meat Sauce Garlic Breadstick California Blend Vegetables Homemade Bread Pudding
Wednesday December 2nd 	<u>Chef's Taste of Asia Special!</u> Egg Drop Soup <u>Chicken</u> or <u>Pork</u> Stir Fry with Asian Vegetables White Rice Pork Egg Roll with Sauce Double Chocolate Cake	Soup Grilled Beer Brats with Sauerkraut Potato Salad Baked Beans Chocolate Chip Cheesecake
Thursday December 3rd	Tossed Salad Homemade Meatloaf Garlic Mashed Potatoes Buttered Corn Peach Pie	Soup Slow Roasted BBQ Chicken Baked Baby Red Potatoes Buttered Corn Caramel Pound Cake
Friday December 4th	Soup Baked Breaded Pork Chop Grilled Asparagus Mashed Potatoes and Gravy Boston Cream Pie	Soup Tilapia Baked in Wine Coleslaw Sautéed Eggplant and Zucchini Roasted Baby Potatoes Ice Cream
Saturday December 5th	Peach and Pear Gelatin Chicken Lasagna With White Cream Sauce Steamed Broccoli Garlic Bread Stick Banana Raisin Bread	Salad Beef Stew over Egg Noodles Italian Blend Vegetables Dinner Rolls Pineapple Cake

Dining Room will be closed temporarily until further notice due to COVID-19.

Reduced Cost Meals

Residents who cannot afford our standard meal service may opt for a reduced-cost meal for lunch or dinner. The cost for this meal is \$5.00 per bag.

The reduced cost meal will consist of a sandwich, side item, and a fruit offering. These meals will be delivered during our meal delivery service hours for lunch and dinner. *****Please indicate your selection(s) and return to the front desk with your payment by the due date on the order form.**

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Bagged Meal (\$5.00 per bag)	Lunch Bag	Dinner Bag
Sunday November 29th	Turkey Salad Wrap (turkey, apple, celery, grapes) Chip Fruit	Hamburger Chip Fruit
Monday November 30th	Braunschweiger Sandwich Side Fruit	Ham and Salami Sub (ham, salami, cheese, lettuce, tomato, onion) Chip and Fruit
Tuesday December 1st	Turkey BLT Sandwich (turkey, bacon, lettuce, tomato) Chip and Fruit	Crispy Chicken Sandwich (with lettuce, tomato) Chip and Fruit
Wednesday December 2nd	Ham and Cheese Sandwich (ham, cheese, lettuce, tomato) Chip and Fruit	Chicken Pita Pocket (chicken, bacon, onion, cheese) Chip and Fruit
Thursday December 3rd	Turkey Club (turkey, cheese, lettuce, tomato, avocado) Chip and Fruit	BBQ Chicken Sandwich Chip and Fruit
Friday December 4th	Slider Combo (ham, turkey, lettuce, tomato, pickle) Chip and Fruit	Ham Sub Sandwich (ham, cheese, lettuce, tomato) Chip Fruit
Saturday December 5th	Roast Beef Sandwich (roast beef, cheese, lettuce, tomato) Chip and Fruit Fruit	Tuna Salad Sandwich Chip Fruit