

Forest Ridge Senior Community

Name&Apt: _____ Amount: _____ Check: _____ Date: _____

Dining Menu: Week of November 15th through November 21st, 2020

Menu Selections are due at the Front Desk by: Monday, November 9th by 3:00pm

	11:00 a.m. Lunch Meal	4:30 p.m. Evening Meal	
Meal Price			
Sunday November 15th 	<u>**SUNDAY BRUNCH SPECIAL**</u> Fruit Cup Chocolate Chip Pancakes Plain Egg Omelet Crispy Bacon & Hash Brown Patty Sticky Buns	 Chicken Noodle Soup Spaghetti and Meatballs Garlic Breadstick Mixed Vegetables M&M Cookies	
Monday November 16th 	Tossed Garden Salad Hungarian Beef Goulash Egg Noodles California Blend Vegetables Boston Cream Pie	Soup of the Day Ginger Teriyaki Pork Sandwich Tater Tots Fruit Cup Brownies	
Tuesday November 17th 	Cucumber and Dill Salad Stuffed Apple Craisin Chicken Cheesy Potatoes Roasted Broccoli and Red Pepper Chocolate Cake	Soup of the Day Steak Taco Salad Bowl with rice, guacamole, salsa, sour cream & cheese Fiesta Buttered Corn Snickerdoodle Cookies	
Wednesday November 18th 	<u>**CHEFS SPECIAL WEDNESDAY**</u> <u>Seafood Stuffed Salmon</u> or <u>Stuffed Airline Chicken</u> Topped with Bechamel Sauce Lyonnaise Potatoes Baked Brown Sugar Acorn Squash Warm Apple and Peach Cobbler	 Soup of the Day Bacon Cheeseburger Potato Wedges Fruit Salad Peanut Butter Bar	
Thursday November 19th 	Soup Baked Swiss Steak Mashed Potatoes w/ Gravy Sautéed Asparagus Cuts Pumpkin Pie	Soup Grilled Brat with Sauerkraut Hot German Potato Salad Dinner Roll Lemon Bar	
Friday November 20th \$6 for Breakfast & Will be delivered between 8:30am-9:00am	Breakfast Buttermilk Pancakes w/Syrup Ham & Vege Omelet Sausage Links Blueberry Muffin	Lunch Tossed Salad Stuffed Chicken Cordon Bleu Garlic Buttered Green Beans Roasted Red Potatoes Chocolate Cupcake	Dinner Soup of the Day Pan Fried Flounder Coleslaw Mixed Vegetables Baked Potato Chocolate Sundae
Saturday November 21st 	Fresh Fruit Salad Baked Honey Chicken Roasted Cauliflower Mashed Potatoes & Gravy Peach Pie	Soup of the Day Sliced Roast Beef in Gravy Italian Wax Beans Au Gratin Potatoes Fresh Baked Muffin	

Dining Room will be closed temporarily until further notice due to COVID-19.

Reduced Cost Meals

Residents who cannot afford our standard meal service may opt for a reduced-cost meal for lunch or dinner. The cost for this meal is \$5.00 per bag.

The reduced cost meal will consist of a sandwich, side item, and a fruit offering. These meals will be delivered during our meal delivery service hours for lunch and dinner. *****Please indicate your selection(s) and return to the front desk with your payment by the due date on the order form.**

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Bagged Meal (\$5.00 per bag)	Lunch Bag	Dinner Bag
Sunday November 15 th	Ham and Cheese Biscuit Sandwich Sides and Fruit	Slider Combo (ham, turkey, cheese, lettuce, tomato, pickle) Sides and Fruit
Monday November 16 th	Chicken Salad Wrap (chicken salad, lettuce, cheese) Sides and Fruit	Roast Beef Panini (roast beef, sour kraut, swiss cheese) Side and Fruit
Tuesday November 17 th	Turkey BLT Croissant (turkey, bacon, lettuce, tomato) Sides and Fruit	Fish Sandwich Sides and Fruit
Wednesday November 18 th	Ham and Salami Sandwich (ham, salami, cheese, lettuce) Sides and Fruit	Teriyaki Chicken Sub Sides and Fruit
Thursday November 19 th	Roast Beef Sandwich (roast beef, cheese, lettuce, tomato) Sides and Fruit	Hamburger (lettuce, tomato, onion, pickle) Sides and Fruit
Friday November 20 th	Ham, Egg and Cheese Croissant Sides and Fruit	Crispy Chicken Sandwich Sides and Fruit
Saturday November 21 st	Egg Salad Sandwich Sides and Fruit	Apple-Swiss Turkey Sandwich (apple, turkey, cucumber, swiss cheese) Sides and Fruit