

**Forest Ridge Senior Community
Dining Menu
Week of September 20th through September 26th, 2020**

	11:00am Lunch Meal	4:15pm. Evening Meal
Sunday September 20th	<u>BRUNCH!!</u> Fruit Cup Chocolate Chip Pancakes Cheesy Scrambled Eggs Bacon Sticky Buns	Chicken Noodle Soup Spaghetti and Meatballs Garlic Breadstick Mixed Vegetables M&M Cookies
Monday September 21st	Tossed Garden Salad Hungarian Beef Goulash Egg Noodles California Blend Vegetables Boston Cream Pie	Soup of the Day Ginger Teriyaki Pork Sandwich Tater Tots Fruit Cup Brownies
Tuesday September 22nd	Fruit Salad Chicken Stir Fry Vegetable Fried Rice Pork Egg Roll Asian Vegetable Blend Chocolate Cake	Soup of the Day Steak Taco Salad Bowl with rice, guacamole, salsa, sour cream and cheese Fiesta Buttered Corn Snickerdoodle Cookies
Wednesday September 23rd	Tossed Salad Grilled BBQ Chicken Buttered Corn Baked Beans Creamy Coleslaw Watermelon Angel Food Cake	Soup of the Day Classic Cheeseburger Potato Wedges Fruit Salad Peanut Butter Bar
Thursday September 24th	Soup Baked Swiss Steak Mashed Potatoes w/ Gravy Sautéed Asparagus Cuts Pumpkin Pie	Soup Smoked Polish Sausage with Sauerkraut Hot German Potato Salad Dinner Roll Lemon Bar
Friday September 25th	Tossed Salad Stuffed Chicken Cordon Bleu Garlic Buttered Green Beans Roasted Red Potatoes Chocolate Cupcake	Soup of the Day Pan Fried Flounder Coleslaw Seasoned Mixed Vegetables Baked Potato Chocolate Sundae
Saturday September 26th	Fresh Fruit Salad Baked Honey Chicken Roasted Cauliflower Mashed Potatoes and Gravy Peach Pie	Soup of the Day Sliced Roast Beef in Gravy Italian Wax Beans Au Gratin Potatoes Fresh Baked Muffin