

**Forest Ridge Senior Community
Dining Menu
Week of September 13th through September 19th, 2020**

	11:00am Lunch Meal	4:15 p.m. Evening Meal
Sunday September 13th	Brunch! Toasted Almond and Granola Parfait Buttermilk Pancakes Scrambled Eggs Sausage Links Glazed Apple Turnover	Soup or Salad Hot Turkey and Gravy Sandwich Roasted Potatoes Fruit Cup Vanilla Mousse in a Chocolate Cup
Monday September 14th	Soup Salisbury Steak in Beef Glaze Capri Vegetable Blend Mashed Potatoes Lemon Meringue Pie	Soup or Salad BBQ Pulled Pork Sandwich Maple Bacon Baked Beans American Potato Salad Chocolate Sundae
Tuesday September 15th	Strawberry Jell-O Slow Roasted Pork Loin Rosemary Roasted Potatoes California Blend Vegetables Apple Crepes	Soup or Salad Grilled Chicken Ranch Sandwich with Cheese French Fries Dill Cucumber Salad Banana Cake
Wednesday September 16th	Soup Beef Tenderloin Steak Sautéed Mushrooms and Onions Baked Potato Sautéed Brussel Sprouts Coconut Cream Pie	Soup or Salad Meatball Stroganoff over Egg Noodles Steamed Cauliflower Dinner Roll Angel Food Cake
Thursday September 17th	Tossed Salad Homemade Meatloaf Mashed Potatoes and Gravy Peas and Carrots Cherry Pie	Soup Classic Cheeseburger Pickles Tater Tots Coleslaw Fresh Baked Muffin
Friday September 18th	Soup Chicken Kiev Roasted Red Potatoes Honey Glazed Carrots Dinner Roll Chocolate Chip Cheesecake	Soup or Salad Lemon Butter Baked Cod Twice Baked Potato Lemon Garlic Squash Blend Warm Apple Crisp
Saturday September 19th	Tossed Salad Slow Roasted Lemon Herb Chicken Macaroni and Cheese Sautéed Asparagus Carrot Cake	Soup Grilled Mild Italian Sausage Hot German Potato Salad Fresh Fruit Salad Sugar Cookies